



SUGGESTED MENU ITEMS FOR GLUTEN ALLERGIES

We have prepared this list of menu options for our guests who suffer from Celiac Disease (allergy to gluten). This list is based on our most current ingredient information from our vendors.

Sandwiches (Listed without Bread):

Smoked Deli Turkey
Roast Beef
Corned Beef
Chicken Salad
Tuna Salad
Ham

Soups:

Southwestern Roasted Corn Soup
Country Vegetable Soup

Spuds:

Plain Baked Potato with or without Land-O-Lakes Butter

Sides:

Mashed Potatoes (without gravy)
Potato Salad
Steamed Broccoli and Carrots
Fruit Salad
Fajita Chicken Strips

(*Grilled Chicken Breast is NDT Gluten Free because of the seasoning used on our sandwiches and our salads).

Dressings and Extras:

Cheese - all of our cheeses are Gluten Free
Lite Sour Cream
Salad Dressings - all of our dressings are Gluten Free
Bacon

Several of our vendors have supplied us with statements quantifying their products gluten free. Please be aware that we may change vendors and/or ingredients on a product as needed without notification. We are only able to make the above recommendations with the current vendor statements and are not liable or responsible for future menu changes.

Please feel free to ask us for updated information.

Expires 30 days from Issue.